

YEUNG, CHUN (JUNE)

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(Updated in January 2025)

FIELD OF STUDIES

Areas of Expertise: Social Psychology

Areas of Competence: Cross-Cultural Psychology, Positive Psychology, Quantitative Psychology
(Statistics and Research Methods)

EDUCATION

Doctor of Philosophy (Ph.D.) in Psychology *Oct 2021 - Aug 2025 (expected)*

Institute of Psychology, Polish Academy of Sciences (IP PAN), Poland

Thesis title: The emotional fabric of society: Expressivity, expectations, and well-being

Supervisor: Kazimierz M. Slomczynski

Master of Philosophy (M.Phil.) in Psychology

Aug 2016 - Sep 2018

The Chinese University of Hong Kong (CUHK), Hong Kong

Thesis title: Depressive realism or unrealism: A meta-analysis

Supervisor: Darius K.-S. Chan

Bachelor of Social Sciences (B.S.Sc) in Behavioural Science

Sep 2011 - Jun 2014

Lingnan University, Hong Kong

Thesis title: Positive self-statement cannot be a mood booster for everyone

Supervisor: Vivian M.-C. Lun

RESEARCH ARTICLES (SELECTED)

All published papers can be downloaded in this shared Google Drive: <https://drive.google.com/drive/folders/1UQiJzqfUb1-EscRryMcwQWdYqy8pxgvr> (* = as the corresponding author)

Journal Articles

1. Li, L. M. W., Lun, V. M. C., Bond, H. M., **Yeung, J. C.**, Igou, R. E., Haas, B. W. ... & Uchida, Y. (2024). The role of cultural heterogeneity in strengthening the link between family relationships and life satisfaction in 50 societies. *Journal of Happiness Studies*. <https://doi.org/10.1007/s10902-024-00768-1>
(JCR 2023 SSCI. IF = 3.1, Q1 in Psychology, Multidisciplinary)
2. Kryś, K., Kostoula, O., van Tilburg, W. A. P., Mosca, O., Lee, J. H., Maricchiolo, F., ... **Yeung, J. C.**, ... & Uchida, Y. (2024). Happiness maximization is a WEIRD way of living. *Perspectives on Psychological Science*. Advance online publication. <https://doi.org/10.1177/17456916231208367>
(JCR 2023 SSCI. IF = 10.5, Q1 in Psychology, Multidisciplinary)
3. **Yeung, J. C.***, Roczniowska, M., & Kryś, K. (2024). Is it okay to feel this way? Exploring the joint effect of emotional experiences and expectations on life satisfaction. *Frontiers in Psychology*. 15:1305812. <https://doi.org/10.3389/fpsyg.2024.1305812>
(JCR 2023 SSCI. IF = 2.6, Q2 in Psychology, Multidisciplinary; Open Access)
4. Kryś, K., **Yeung, J. C.**, Haas, B. W., van Osch, V., Kosiarczyk, A., Kocimska-Zych, A., ... & Uchida, Y. (2023). Family first: Evidence of consistency and variation in the value of family versus personal happiness across 49 different cultures. *Journal of Cross-Cultural Psychology*. 54(3),

- 323–339. <https://doi.org/10.1177/00220221221134711>
(JCR 2023 SSCI. IF = 2.4, Q2 in Psychology, Social)
5. Larsen, M., Witoszek, N., & **Yeung, J. C.** (2023). A multilevel selection model for prosocial well-being. *Frontiers in Psychology*. 14:1068119. <https://doi.org/10.3389/fpsyg.2023.1068119>
(JCR 2023 SSCI. IF = 2.6, Q2 in Psychology, Multidisciplinary; Open Access)
 6. Lun, V. M. C., **Yeung, J. C.**, & Ku, K. Y. L. (2023). Effects of mood on critical thinking. *Thinking Skills and Creativity*. 47. <https://doi.org/10.1016/j.tsc.2023.101247>
(JCR 2023 SSCI. IF = 3.5, Q1 in Education & Educational Research)
 7. Kryś, K., **Yeung, J. C.**, Capaldi, C. A., Lun, V. M. C., Torres, C., van Tilburg, W. A., ... & Vignoles, V. L. (2022). Societal emotional environments and cross-cultural differences in life satisfaction: A forty-nine country study. *Journal of Positive Psychology*, 17(1), 117-130. <https://doi.org/10.1080/17439760.2020.1858332>
(JCR 2022 SSCI. IF = 4.3, Q1 in Psychology, Multidisciplinary; Open Access)
 8. **Yeung, J. C.*** & Lun, V. M. C. (2021). Uncritical use of non-evidence-based self-help materials induces victim-blaming on the depressed. *Journal of Positive Psychology*, 16(4), 492-502. <https://doi.org/10.1080/17439760.2020.1752780>
(JCR 2021 SSCI. IF = 4.290, Q1 in Psychology, Multidisciplinary; pre-registered, media covered)
 9. Lun, V. M. C. & **Yeung, J. C.** (2019). Elaborating on the effect of culture on the relations of neuroticism and extraversion to life satisfaction. *Personality and Individual Differences*, 142, 79-84. <https://doi.org/10.1016/j.paid.2019.01.039>
(JCR 2019 SSCI. IF = 2.311, Q2 in Psychology, Social)
 10. **Yeung, J. C.*** & Lun, V. M. C. (2016). When self-help materials help: Examining the effects of self-discrepancy and modes of delivery of positive self-statement. *Journal of Positive Psychology*, 11(2), 163-172. <https://doi.org/10.1080/17439760.2015.1037862>
(JCR 2016 SSCI. IF = 2.327, Q1 in Psychology, Multidisciplinary; with media coverage)
 11. Ho, S. M. Y., Mak, C. W. Y., Yeung, D., Duan, W., Tang, S., **Yeung, J. C.**, & Ching, R. (2015). Emotional valence, arousal, and threat ratings of 160 Chinese words among adolescents. *PLOS One*, 10(7): e0132294. <https://doi.org/10.1371/journal.pone.0132294>
(JCR 2015 SCIE. IF = 3.057, Q1 in Multidisciplinary Science)

Manuscripts Under Review / in Preparation

1. **Yeung, J. C.**, Kalinowski, M., Larsen, M., & Kryś, K. (under review). Unpacking the roles of different types of well-being on resilience: A mixed method design.
2. **Yeung, J. C.** et al. (under review). Under-expression of negative emotions is more prevalent in societies with higher societal development.
3. **Yeung, J. C.**, Lam, H., & Chan, D. K.-S. (in prep., pre-registered). Depressive realism or unrealism: A meta-analysis on depression-accuracy relation. <https://osf.io/mbd8g/>

CONFERENCE PRESENTATIONS (SELECTED)

1. **Yeung, J. C.**, Kalinowski M., Roczniowska, M., Kryś, K., & Members of the Live Better project. (August 2024). Is it okay to feel bad? A cross-national studies on the role of actual-ought discrepancies on negative emotion in well-being, Presentation at at the 27th International Association For Cross-Cultural Psychology, Bali, Indonesia.

2. **Yeung, J. C.**, Roczniowska, M., & Krys, K. (September 2023). Is it okay to feel? A cross-national study on the effects of (in)congruence between emotional experiences and social expectancies. In **J. C. Yeung**, *Macropsychological Perspectives on Well-being: Investigations on Societal Happiness, Emotional Fit, Meritocratic Beliefs, and Happiness Maximisation*, the 18th Annual Meeting of the Polish Social Psychological Society, Lodz, Poland.
3. **Yeung, J. C.** & Krys, K. (July 2023). *The moderation effect of ideal well-being on the pathway from emotion to actual well-being*. Single Paper presentation at the 15th Biennial Conference of the Asian Association of Social Psychology, Hong Kong.
4. **Yeung, J. C.**, Krys, K., members of the Happiness Meanders project (March 2023). *Cross-national differences in expression-experience discrepancies: Examining the effects of emotional norms and societal development*. Poster Presentation at the 2023 SAS Annual Convention, Society for Affective Science, Long Beach, California, USA.
5. **Yeung, J. C.**, Krys, K., members of the Happiness Meanders project (September 2022). *Moving from emotional experience to expression: A 48-nation investigation*. Oral Presentation at The 17th Congress of the Polish Society of Social Psychology, Gdansk, Poland.
6. **Yeung, J. C.**, Krys, K., members of the Happiness Meanders project (February 2022). *Societal Emotional Environments explain Latin American happiness, but also document that individual pathways to happiness may not necessarily promote the happiness of others*. In Atherton, O.E., *Personality, Affect, Health, and Well-being Across the Lifespan and Cultures*, the 2022 SPSP Annual Convention, Society for Personality and Social Psychology, San Francisco, California, USA.
7. **Yeung, J. C.**, Lun, V. M. C., & Ku, K. Y. L. (July 2019). *Emotional variability and critical thinking: A daily diary study*. Paper presentation at the 13th biennial Asian Association of Social Psychology (AASP) Conference, Taipei, Taiwan.
8. **Yeung, J. C.**, Chau, A. Y. H., & Ho, Y. W., (July 2019). *Facial emotion expressions in Twitter and their correlates: A cross-national study*. Poster presentation at the 13th biennial AASP Conference, Taipei, Taiwan.
9. **Yeung, J. C.** & Lun, V. M. C. (March, 2018). *Blaming the depressed: The social cost of popular self-help materials*. Poster presentation at the 2018 SPSP Annual Convention, Society for Personality and Social Psychology, Atlanta, Georgia, USA. (Poster: <https://osf.io/3jqyu/>)
10. **Yeung, J. C.** (July, 2016). *Paradoxical effects of popular self-help materials: Examining the effects of positive self-statement on mood changes and depression stigma*. Oral presentation at the 31st International Congress of Psychology, Yokohama, Japan. (Abstract: *International Journal of Psychology*, 51(Supplement S1), 1071. doi:10.1002/ijop.12351)

GRANTS

Grants Received

1. Lun, V. M. C. & **Yeung, J. C.** (2020-2021, Co-Investigator). Comparing the effects of self-help interventions with self-compassion versus self-direction focuses. Faculty Research Grant, Lingnan University. HK\$43,560, Funding Ref.: SSFRG/19/2/2.
2. **Yeung, J. C.**, Ho, Y. W., Tang, G., & Chung, H. F. (2017-2018, **Team Leader**). Emotion expressions in social network sites: An exploratory cross-national study. Interdisciplinary Research Seed Funding, CUHK. HK\$15,000, Funding Ref.: 5501655.

3. Lun, V. M. C. & **Yeung, J. C.** (2016-2017, Co-Investigator). Side effect of the pursuit of happiness: How and when lay-theory of positive thinking predicts depression stigma. Faculty Research Grant, Lingnan University. HK\$36,864, Funding Ref.: SSFRG/15/2/2

Grant Project Involved

- PhD Student, under the Polish-Norwegian GRIEG funding scheme by National Science Centre, Poland. Project title: *Bridging Psychology with Societal Development Science: Fifty Countries Research into the Relation Between "Folk Theories of Societal Development" and "Ideal Types of Well-being"*

AWARDS

- GSSR International Scholarship Award (under the NAWA STER Best PhD Student Scholarships framework), Graduate School for Social Research in Polish Academy of Sciences, co-financed by Polish National Agency for Academic Exchange. April 2023 - Dec 2024.
- Graduate Student Travel Award, 2018 SPSP Annual Convention, Society for Personality and Social Psychology. Feb 2018.
- Dean's list, Faculty of Social Sciences, Lingnan University. 2013/2014.

PUBLIC OUTREACH (SELECTED)

Research with Media Coverage

- Yeung & Lun (2021), Altmetric score: 186 (top 5% of tracked outputs). Media covered by
 - *Psychological Today* (US, April 2023)
 - *Mind Over Matter Magazine* (Canada, 12th issue, May 2021, in English and French).
 - *On Your Psy* (Taiwan, July 2020, in Traditional Chinese).
- Yeung & Lun (2016), covered by
 - *PanSci.tw* (Taiwan, 9 May 2016, in Traditional Chinese). <http://pansci.asia/archives/98201>

Invited Talk

- 2024-05-27 *Contextual portraits - The personal, scholarly, and cultural faces* [Presentation], Lodz Multicultural Centre (NGO), Lodz, Poland

RESEARCH & RELATED WORK EXPERIENCES

Research Fellow, Department of Applied Psychology, Lingnan University

Principal Investigator: Vivian M.-C. Lun

Aug 2018 - Dec 2020

Project involved: Effects of mood on critical thinking

Major duties: data collection and analysis; manuscript preparation

Research Assistant, City University of Hong Kong

Jul 2014 - Feb 2015

Supervisor: Samuel M. Y. Ho

Projects involved: Development of the affective word list for cognitive biases research

Major duties: data collection, entry, and analysis; manuscript preparation

Summer Intern, Census and Statistics Department, HKSAR

Jun 2013 - Sep 2013

Major duties: prepared statistical reports and publication; enhanced database program

TEACHING & COURSE DEVELOPMENT EXPERIENCES

Project Officer, Department of Applied Psychology, Lingnan University

Principal Investigator: Alan L.-F. Lee

Apr 2019 - Sep 2021

Projects involved:

- Flipped classroom for teaching and learning statistics
- Developing an online, flipped-classroom platform for teaching and learning advanced statistics

Major duties: provided professional advice on statistical knowledge and developed learning materials (e.g., developed project website, quizzes, assignments with grading) for undergraduate research method courses with Jamovi

Course Developer, The Hong Kong Metropolitan University

Feb 2020 - Mar 2021

Course involved: PSYC A227 / PSYC 2027AED Positive Psychology

Major duties: developing learning resources (e.g., study guides, assignments) used in the course

Teaching Assistant, Department of Psychology, CUHK

2016 - 2018

Postgraduate courses include:

- PSYC6010: Seminar in Research Methods II (Spring 2018), $N = 27$, Rating: 5.33/6.00
- PSYC5010: Seminar in Research Methods I (Fall 2017), $N = 34$, Rating: 5.00/6.00

Undergraduate courses include:

- PSYC2050: Psychological Testing (Spring 2017), $N = 80$, Rating: 5.18/6.00
- PSYC1030: Psychology of Personal Growth (Fall 2016)

Major duties: held weekly 1-hour long tutorial classes with SPSS & R, grading quizzes/assignments, and developed teaching materials for R tutorials (e.g., multi-group Structural Equation Modeling)

SKILLS

Statistics:	Factor Analysis, Structural Equation Modeling (Multi-group/Multi-level/Latent class analysis), Multilevel Analysis
Programming:	Proficient in R; basic in Mplus, Python, MATLAB, HTML
Software:	Proficient in Microsoft Office Suite (Access, Excel, etc.), Adobe Creative Suite (Photoshop, Indesign, etc.), Rstudio, Qualtrics, IBM SPSS.
Language:	Native Chinese (Cantonese, Traditional Chinese), proficient in English (CEFR C1) and Mandarin, intermediate Japanese (JLPT N2)
Other:	Web development, academic/commercial graphic design, photography, L ^A T _E X

OTHER EDUCATION

- Joint Research Centre. Science for Policy [Workshop]. European Commission and Polish Academy of Sciences. 23-24 April 2024. Warsaw, Poland.
- Galia Chimiak, Magdalena Grabowska, and Su-Ming Khoo. Specialization in Bridging Academic and NGO Research [Course]. Graduate School for Social Research. Warsaw, Poland.
- Małgorzata Mikucka and Michał Kotnarowski. Multilevel Modeling [Workshop]. Cross-National Studies: Interdisciplinary Research and Training Program (CONSIRT), The Ohio State University and Polish Academy of Sciences. 10-12 May 2023. Columbus, Ohio, USA

PROFESSIONAL AFFILIATIONS & ACTIVITIES

Membership in Organizations

Asian Association of Social Psychology (AASP)
European Association of Social Psychology (EASP)
Society for Affective Science (SAS)
Society for Personality and Social Psychology (SPSP)

Services for Peer-reviewed Journals

Editors:

Academic Editor, *PLOS One* (Social Psychology, 2024 -)
Junior Consulting Editor, *European Journal of Social Psychology* (2025)

Ad-hoc Reviewers:

Asian Journal of Social Psychology, BMC Psychology, Current Psychology, Frontiers in Psychology, International Journal of Psychology, Journal of Happiness Studies, PLOS One, Scientific Reports

Services for Peer-reviewed Conferences

Jury Member, Global Flourishing Conference 2022, 2023
Helper, 15th Biennial Conference of the Asian Association of Social Psychology 2023